## STARTERS

**BREAKFAST PASTRIES**
A selection of freshly baked breakfast breads, pastries and/or muffins will be brought to your table.

**BEVERAGES**
Coffee (regular or decaf), Milk (whole, skim or Almond milk), Hot Chocolate, Assorted Hot Teas, Iced Tea

### CHOOSE ANY OF THE FOLLOWING:

#### FRESH FRUIT
- Sliced Banana,
- Cantaloupe Melon,
- Honeydew Melon,
- Fresh Fruit Cup,
- Half Grapefruit,
- Seasonal Berries

#### CHILLED JUICES
- Apple, Cranberry,
- Grapefruit, Orange,
- Pineapple, Prune,
- Tomato

#### COLD CEREALS
- Cheerios, Corn Flakes,
- Frosted Flakes,
- Fruit Loops, Granola,
- Raisin Bran,
- Rice Krispies, Special K

#### YOGURTS
- Plain or Assorted Fruit

#### YOGURT PARFAIT
- Layers of low fat vanilla yogurt, seasonal berries and granola

#### HOT CEREALS
- Cream of Wheat or Oatmeal

#### EGGS
- Two farm fresh eggs, cooked to order.
- Egg Beaters and egg whites are also available.

#### EGGS BENEDICT
- Two poached eggs served on toasted English muffins, with Canadian bacon and hollandaise sauce.

#### MAIN FARE

#### BELGIAN WAFFLES
- Belgian style waffles served plain or with a strawberry or blueberry topping and warm maple syrup.

#### SMOKED SALMON
- Plain bagel served with lettuce, tomato, cream cheese and smoked salmon.

#### BUTTERMILK PANCAKES
- Two large banana, blueberry, chocolate chip or plain pancakes served with warm maple syrup.

#### OLD FASHIONED FRENCH TOAST
- Thick slices of freshly baked bread, dipped in eggs and cinnamon, grilled and dusted with sugar—served with warm maple syrup.

#### BACON & CHEESE QUICHE
- Breakfast quiche baked with bacon and cheddar cheese.

#### BUILD YOUR OWN OMELETTE
- Three egg omelette made with your choice of ham, bacon, sausage, cheese (cheddar, Swiss or American), onions, sweet peppers, spinach, tomatoes or mushrooms.

#### KIPPERED HERRING
- Hot smoked fish fillet topped with melted butter.

*PLEASE ASK YOUR SERVER ABOUT GLUTEN-FREE OPTIONS*

## SIDE ITEMS

### CHOOSE ANY OF THE FOLLOWING:
- Bacon, sliced ham, home fried potatoes, sausages, English muffin, bagel or toast (white, wheat or rye).